



Parish Nurse Calender

MONTH	Activity	Date	DESCRIPTION	THEME
January	Medication deactivation home collection kits.	January 26 Wednesday @ 4 pm	Kits available for pick-up at Holy T undercroft all month.	Kits available to the public at the community meal.
February	Miami University nursing clinical sight.	Thursday February 17 and 24 @ 10:30 AM	AHA's Check, Change, Control and educational sessions until 12:30 pm.	Lunch and learn open to the parish and the community.
March	Miami University nursing clinical sight	Thursday, March 3, 10, 17, 24 @ 10:30 AM	AHA's Check, Change, Control and educational sessions until 12:30 pm.	Lunch and learn open to the parish and the community.
April	NRX Lock Bags Distribution	Wednesday, April 6 @ 4 pm	Medication lock bags for misuse prevention and to kick off the Collision for a Healthy Community's A program to help adults teach children self regulation.	Bags ans education available prior to the community dinner open to all. program begins prior to the community dinner open to all.
May	PAX Tools	Wednesday, May 25 @ 4 pm		
June	Beat the Heat	Wednesday June 28 @ 4 pm	Staying active indoors	Prior to community meal and open to all.
July	Benefits of Meditation and Prayer on Health	Wednesday, July 24 @ 4 pm	Prayerful meditation.	Prior to community meal and open to all.
August	Forty Developmental Assesst Kids Need.	Wednesday, August 24 @ 4pm	Lessons for adults on how to better interact with youth, young adults and children.	Prior to community meal and open to all.
September	OPR Suicide Prevention Course	Wednesday, September 28 @ 4pm	Recognizing the signs of depression and pattern changes in those around you.	Prior to community meal and open to all.
October	Out of the Darkness Walk	Date TBA	Suicide Prevention Walk	Prior to community meal and open to all.
November	Eating Healthy during the Holidays	Date TBA	Nutritional Health	Open to all.
December	Healthy Cooking	Date TBA	Healthy cooking for better nutrition	Open to all.